

DR. SEBI HERBAL REMEDIES AND CURES

WRITTEN BY SAMANTHA DAVIS



**COMBINED WITH NIGELLA
SATIVA AND OTHER TREATMENTS**

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**WITH INSPIRATION FROM THE GREAT
TEACHER, DR. SEBI HIMSELF**

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INTRODUCTION

I want to congratulate you for taking a step forward in your ultimate healing by ordering one of my most loved ebooks.

Each time I am so thrilled at how many people purchase my books and want to read on my thoughts and knowledge. It is an ultimate gift to me.

As you learn more, I get more blessings from our creator. These are everlasting blessings for me even after my death.

Each day we read on how another one has died and I so feel that many could have been saved.

So I begin this book with love and humbleness to help you and your loved ones survive what you are going through.

Dr. Sebi's teachings are here plus teachings of many doctors who work for me at my business. Most are PHD's are better. Dr. Sebi was not a licensed Doctor but we all feel he was the one true physician.

The book is based on some of his major protocols. I have added my knowledge and consultation teachings on each protocol. It is up to you to decide which protocol is best for your situation and your financial abilities.

I will teach you how to make Dr. Sebi's products at home when possible.

I will also give you places to help you more when applicable.

Most of the writings in this book is based on my 10 years of consultation business. I will let you know what I share. Understand that each cancer is different as are most diseases.

This book is meant to be a general guide, not a complete cure. You will succeed if you follow completely what I write and adhere to my warnings and education.

PLEASE JOIN ME ON YOUTUBE



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DR. SEBI NON-DETRIMENTAL DIET

Crush Foster stated that the Dr. Sebi diet was not an alkaline diet, but a non-detrimental food plan. It is important to know the difference. Many alkaline diets contain foods that are not healthy at all. Our diet plan is one that is natural and pure.

Dr. Sebi stated that many pure foods may not be listed on the Nutritional Guide and could be allowed to eat, such as black cumin oil and seeds, which are not on the Nutritional Guide but are pure from nature and completely allowed.

Not all flours are gluten free too.

I am not a fan of the grape seed oil which is on the list as most grape seed oils are sold with carrier oils. It is impossible to buy a pure grape seed oil for \$5.95.

Grape seeds sell for \$20 a pound or more.

On cancer diets I do not recommend any oils at all except for black cumin oil which is proven to cure cancer. Most all nutritional specialist have now switched

Keto diets were voted the worse diet in the world.

So when choosing veggies or fruits look at the Nutritional Guide but remember with cancer diets, to choose low glycyemic fruits. Not all fruits are low glycyemic fruits, even though on the list.

MAKE IT YOURSELF OR BUY FROM DR. SEBI STORE?

I started my Facebook group and this channel based on the concept that making the products was both cheaper and easier to do. I knew exactly what quality of products were in my mixtures too.

Logically it did not make sense for so many thousands of people to follow me in such a short time. I was not skinny or young or even that knowledgeable. I was just a Kentucky girl with some basic ideals on how to save some money.

Living in Jordan, customs were high and the ideal was not to spend so much money. I mean if I can make 6 cups of Bromide Plus powder for a fraction of the cost, why not?

The more I wrote on the subject, the more followed and wanted help. So we grew from a few hundred to over 33,000 followers. More and more was trying to make the products too.

But for some purchasing from the stores was easier. Especially men or inexperienced foreigners. Foreigners have the hardest time finding the best quality herbs to use. So depending on your situation, you will have to decide.

For me making my own was best. I would buy herbs each payday and go from there. I cannot guide you to a situation I know little about.

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